



P.O. Box 11358 Grand Cayman KY1-1009

email address: jlmfoods@candw.ky
phone: 324-1977/947-3177

PROSPECT PRIMARY SCHOOL

PLEASE NOTE: NO CHIPS, COOKIES, CANDIES ETC. ARE SOLD. ALSO WE DO NOT SERVE NUTS

Prices: Reception: \$3.75/Years 1-3 \$4.25/Years 4-6 \$5.00

Breakfast:\$2.50/Snack:\$2.75/Drink:\$1.00

Monday	Tuesday	Wednesday	Thursday	Friday
7-Sep-20	September 8, 2020	September 9, 2020	September 10, 2020	September 11, 2020
Chicken Tenders	Curry Chicken	Sweet & Sour Chicken	Curry Pork	Escovitch Fish
Yellow rice	white rice	White Rice	Rice & Beans	Rice & Beans
Coleslaw	Steamed Vegetables	Vegetable Medley	Steamed Vegetables	Coleslaw
Fruit	Fruit	Fruit	Fruit	Fruit
or	or	or	or	or
Beefy Mac	Stew Pork	Pepper Steak	Penne Pasta Bake	Hot Dog
Coleslaw	Mashed Potatoes	Noodles	Steamed Vegetables	Macaroni & Cheese
Fruit	Steamed Vegetables	Vegetable Medley	Fruit	Coleslaw
	Fruit	Fruit		Fruit
September 14, 2020	September 15, 2020	September 16, 2020	September 17, 2020	September 18, 2020
Chicken Tenders	Roasted Chicken Breast	Barbecue Chicken	Brown Stew Chicken	Curry Chicken
Macaroni & Cheese	Yellow rice	Rice & Beans	white rice	Rice & Beans
Coleslaw	Vegetable Medley	Steamed Vegetables	Vegetable Medley	Steamed Vegetables
Fruit	Fruit	Fruit	Fruit	Fruit
or	or	or	or	or
Penne Pasta Bake	Baked Ham	Curry Beef	Beans and Franks	Barbecue Meatloaf
Sald	Macaroni & Cheese	White rice	Mashed Potatoes	Mashed Potatoes
Fruit	Vegetable Medley	Steamed Vegetables	Vegetable Medley	Steamed Vegetables
	Fruit	Fruit	Fruit	Fruit
September 21, 2020	September 22, 2020	September 23, 2020	September 24, 2020	September 25, 2020
Chicken Tenders	Curry Chicken	Sweet & Sour Chicken	Curry Pork	Escovitch Fish
Yellow Rice	white rice	White Rice	Rice & Beans	Rice & Beans
Coleslaw	Steamed Vegetables	Vegetable Medley	Steamed Vegetables	Coleslaw
Fruit	Fruit	Fruit	Fruit	Fruit
or	or	or	or	or
Beefy Mac	Stew Pork	Pepper Steak	Penne Pasta Bake	Hot Dog
Coleslaw	Mashed Potatoes	Noodles	Steamed Vegetables	Macaroni & Cheese
Fruit	Steamed Vegetables	Vegetable Medley	Fruit	Coleslaw
	Fruit	Fruit		Fruit
September 28, 2020	29-Sep-20	September 30, 2020		
Chicken Tenders	Roasted Chicken Breast	Barbecue Chicken		
Macaroni & Cheese	Yellow rice	Rice & Beans		
Coleslaw	Vegetable Medley	Steamed Vegetables		
Fruit	Fruit	Fruit		
or	or	or		
Penne Pasta Bake	Baked Ham	Curry Beef		
Sald	Macaroni & Cheese	White rice		
Fruit	Vegetable Medley	Steamed Vegetables		
	Fruit	Fruit		
PLEASE	FILL OUT AND	RETURN TO	OUR	STAFF
STUDENT NAME:				
CLASS:				
TEACHER:				
PARENT NAME:				
CONTACT NUMBER:				
EMAIL:				