



# LUNCH MENU

## August 2021

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	31 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables			



# LUNCH MENU

September 2021

Mon	Tue	Wed	Thu	Fri
<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:  <b>Ham</b>  <b>Tuna</b>  <b>Turkey</b></p>		<p><b>1</b>            Breakfast – Muffins            Snack - Fruit or granola bars             Lunch - Baked beans with sausages with white rice</p>	<p><b>2</b>            Breakfast – Peanut butter &amp; jelly on toast            Snack - Fruit or pretzels            Lunch - Beef soup</p>	<p><b>3</b>            Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hotdogs</p>
<p><b>6</b> Breakfast – Dry cereal            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>7</b> Breakfast – Yogurt            Snack - Fruit or animal crackers            Lunch - Curried chicken with white rice and salad</p>	<p><b>8</b> Breakfast – Muffins            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>9</b> Breakfast – Peanut butter &amp; jelly on toast            Snack - Fruit or pretzels            Lunch - Chicken soup</p>	<p><b>10</b> Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Fried fish and fritters</p>
<p><b>13</b> Breakfast – Dry cereal            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>14</b> Breakfast – Yogurt            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>15</b> Breakfast – Muffins            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>16</b> Breakfast – Peanut butter &amp; jelly on toast            Snack - Fruit or pretzels            Lunch - Beef soup</p>	<p><b>17</b>            Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hamburger</p>
<p><b>20</b> Breakfast – Dry cereal            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>21</b> Breakfast – Yogurt            Snack - Fruit or animal crackers            Lunch - Curried chicken with white rice and salad</p>	<p><b>22</b> Breakfast – Muffins            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>23</b> Breakfast – Peanut butter &amp; jelly on toast            Snack - Fruit or pretzels            Lunch - Chicken soup</p>	<p><b>24</b>            Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Pizza</p>
<p><b>27</b> Breakfast – Dry cereal            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>28</b> Breakfast – Yogurt            Snack - Fruit or animal crackers            Lunch - Stewed chicken with white rice and green vegetables</p>	<p><b>29</b> Breakfast – Muffins            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>30</b> Breakfast – Peanut butter &amp; jelly on toast            Snack - Fruit or pretzels            Lunch - Beef soup</p>	



# LUNCH MENU

## October 2021

Mon	Tue	Wed	Thu	Fri
<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:</p> <p><b>Ham    Tuna    Turkey    Corned beef    Peanut &amp; Jelly</b></p>				<p><b>1</b></p> <p>Breakfast – Cornmeal Porridge</p> <p>Snack - Fruit or chips</p> <p>Lunch - Hotdogs with fries</p>
<p><b>4</b></p> <p>Breakfast – Cereal with milk</p> <p>Snack - Fruit or Goldfish snack</p> <p>Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>5</b></p> <p>Breakfast – beef or chicken patties</p> <p>Snack - Fruit or animal crackers</p> <p>Lunch - Curried chicken with white rice and salad</p>	<p><b>6</b></p> <p>Breakfast – Muffins &amp; milk</p> <p>Snack - Fruit or granola bars</p> <p>Lunch - Baked beans with sausages with white rice</p>	<p><b>7</b></p> <p>Breakfast – beef or chicken patties</p> <p>Snack - Fruit or Cheez It</p> <p>Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>8</b></p> <p>Breakfast – Cornmeal Porridge</p> <p>Snack - Fruit or chips</p> <p>Lunch - Fried fish and fritters</p>
<p><b>11</b></p> <p>Breakfast – Cereal with milk</p> <p>Snack - Fruit or Goldfish snack</p> <p>Lunch - Chili with white rice and vegetables</p>	<p><b>12</b></p> <p>Breakfast – beef or chicken patties</p> <p>Snack - Fruit or animal crackers</p> <p>Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>13</b></p> <p>Breakfast – Muffins &amp; milk</p> <p>Snack - Fruit or granola bars</p> <p>Lunch - Macaroni &amp; corned beef with vegetables</p>		
MID-TERM BREAK				
<p><b>25</b></p> <p>Breakfast – Cereal with milk</p> <p>Snack - Fruit or Goldfish snack</p> <p>Lunch - Chili with white rice and vegetables</p>	<p><b>26</b></p> <p>Breakfast – beef or chicken patties</p> <p>Snack - Fruit or animal crackers</p> <p>Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>27</b></p> <p>Breakfast – Muffins &amp; milk</p> <p>Snack - Fruit or granola bars</p> <p>Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>28</b></p> <p>Breakfast – beef or chicken patties</p> <p>Snack - Fruit or Cheez It</p> <p>Lunch - Chicken soup</p>	<p><b>29</b></p> <p>Breakfast – Cornmeal Porridge</p> <p>Snack - Fruit or chips</p> <p>Lunch - Pizza</p>



# LUNCH MENU

November 2021

Mon	Tue	Wed	Thu	Fri
<p><b>1</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>2</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Curried chicken with white rice and salad</p>	<p><b>3</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>4</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>5</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hotdogs &amp; fries</p>
<p><b>8</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>9</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>10</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>11</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Beef soup</p>	<p><b>12</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Fried fish &amp; fritters</p>
<p><b>REMEMBRANCE DAY</b>  <i>Lest We Forget</i></p>	<p><b>16</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Curried chicken with white rice and salad</p>	<p><b>17</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>18</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>19</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hamburger</p>
<p><b>22</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>23</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>24</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>25</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Baked Turkey with</p>	<p><b>26</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Pizza</p>
<p><b>29</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>30</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Curried chicken with white rice and salad</p>	<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:</p> <p><b>Ham    Tuna    Turkey    Corned beef    Peanut &amp; Jelly</b></p>		



# LUNCH MENU

December 2021

Mon	Tue	Wed	Thu	Fri
<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:</p> <p><b>Ham Tuna Turkey Corned beef</b></p> <p><b>Peanut &amp; Jelly</b></p>		<p><b>1</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>2</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>3</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hotdogs &amp; Fries</p>
<p><b>6</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>7</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>8</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>9</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Chicken soup</p>	
<p><b>13</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>14</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>15</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>16</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Christmas Lunch with trimmings</p>	
				<p><b>17</b></p> <p><b>CLASS PARTIES</b></p>



Happy Holidays





# LUNCH MENU

## January 2022

Mon	Tue	Wed	Thu	Fri
	<p><b>4</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>5</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>6</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>7</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hotdogs</p>
<p><b>10</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>11</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>12</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>13</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Beef soup</p>	<p><b>14</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Fried fish and fritters</p>
<p><b>17</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>18</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>19</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>20</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>21</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hamburger</p>
	<p><b>25</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>26</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>27</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Chicken soup</p>	<p><b>28</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Pizza</p>
<p><b>31</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:</p> <p><b>Ham    Tuna    Turkey    Corned beef    Peanut &amp; Jelly</b></p>			





# LUNCH MENU

## February 2022

Mon	Tue	Wed	Thu	Fri
	<p><b>1</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Curried chicken with white rice and salad</p>	<p><b>2</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>3</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>4</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hotdogs</p>
<p><b>7</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>8</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>9</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>10</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Beef soup</p>	
<p><b>14</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>15</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Curried chicken with white rice and salad</p>	<p><b>16</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Baked beans with sausages with white rice</p>	<p><b>17</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>18</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Fried fish and fritters</p>
<p><b>21</b></p> <p>Breakfast – Cereal with milk            Snack - Fruit or Goldfish snack            Lunch - Chili with white rice and vegetables</p>	<p><b>22</b></p> <p>Breakfast – Patties            Snack - Fruit or animal crackers            Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>23</b></p> <p>Breakfast – Muffins &amp; milk            Snack - Fruit or granola bars            Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>24</b></p> <p>Breakfast – Patties            Snack - Fruit or Cheez It            Lunch - Chicken soup</p>	<p><b>25</b></p> <p>Breakfast – Cornmeal Porridge            Snack - Fruit or chips            Lunch - Hamburger</p>



Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:

Ham    Tuna    Turkey    Corned beef    Peanut & Jelly



# LUNCH MENU

## March 2022

Mon	Tue	Wed	Thu	Fri
	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes & carrots	Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hot dogs & fries
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw	Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	Breakfast – Patties Snack - Fruit or Cheez It Lunch - Beef soup	Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Fried fish and fritters
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes & carrots	Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hamburgers
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw	Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	Breakfast – Patties Snack - Fruit or Cheez It Lunch - Chicken soup	Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are: Ham          Tuna Peanut butter & Jelly Turkey          Corned beef





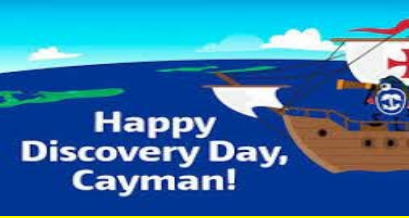
# LUNCH MENU

## April 2022

Mon	Tue	Wed	Thu	Fri
<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:</p> <p><b>Ham    Tuna    Turkey    Corned beef    Peanut &amp; Jelly</b></p>				<p><b>1</b></p> <p>Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hot dogs &amp; fries</p>
<p><b>4</b></p> <p>Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables</p>	<p><b>5</b></p> <p>Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad</p>	<p><b>6</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice</p>	<p><b>7</b></p> <p>Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>8</b></p> <p>Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Fried fish &amp; fritters</p>
<p><b>11</b></p> <p>Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>12</b></p> <p>Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>13</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>14</b></p> <p><b>CLASS PARTIES</b></p>	
<p><b>25</b></p> <p>Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>26</b></p> <p>Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>27</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>28</b></p> <p>Breakfast – Patties Snack - Fruit or Cheez It Lunch - Beef soup</p>	<p><b>29</b></p> <p>Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Pizza</p>




# LUNCH MENU May 2022

Mon	Tue	Wed	Thu	Fri
<b>2</b> Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	<b>3</b> Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	<b>4</b> Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	<b>5</b> Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes & carrots	<b>6</b> Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hot dogs & fries
<b>9</b> Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw	<b>10</b> Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	<b>11</b> Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	<b>12</b> Breakfast – Patties Snack - Fruit or Cheez It Lunch - Chicken soup	<b>13</b> Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - fish & fritters
 <b>17</b> Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	<b>18</b> Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	<b>19</b> Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes & carrots	<b>20</b> Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hamburger	<b>23</b> Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw
<b>24</b> Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	<b>25</b> Breakfast – Muffins & milk Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	<b>26</b> Breakfast – Patties Snack - Fruit or Cheez It Lunch - Beef soup	<b>27</b> Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Pizza	<b>30</b> Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables
<b>31</b> Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	<p style="color: red;">Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:</p> <p style="text-align: center;"><b>Ham    Tuna    Turkey    Corned beef    Peanut &amp; Jelly</b></p>			



# LUNCH MENU

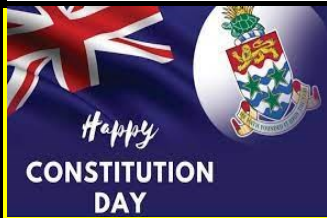
June 2022

Mon	Tue	Wed	Thu	Fri
<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are:</p> <p><b>Ham Tuna Turkey Corned beef</b></p> <p><b>Peanut &amp; Jelly</b></p>		<p><b>1</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice</p>	<p><b>2</b></p> <p>Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>3</b></p> <p>Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hot dogs &amp; fries</p>
<p><b>6</b></p> <p>Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p><b>7</b></p> <p>Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>8</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>9</b></p> <p>Breakfast – Patties Snack - Fruit or Cheez It Lunch - Chicken soup</p>	<p><b>10</b></p> <p>Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Fish &amp; fritters</p>
<p><b>13</b></p> <p>Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables</p>	<p><b>14</b></p> <p>Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad</p>	<p><b>15</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice</p>	<p><b>16</b></p> <p>Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	<p><b>17</b></p> <p>Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hamburger</p>
	<p><b>21</b></p> <p>Breakfast – Patties Snack - Fruit or animal crackers Lunch - Stewed chicken with rice &amp; bean with salad</p>	<p><b>22</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Macaroni &amp; corned beef with vegetables</p>	<p><b>23</b></p> <p>Breakfast – Patties Snack - Fruit or Cheez It Lunch - Beef soup</p>	<p><b>24</b></p> <p>Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Pizza</p>
<p><b>27</b></p> <p>Breakfast – Cereal with milk Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables</p>	<p><b>28</b></p> <p>Breakfast – Patties Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad</p>	<p><b>29</b></p> <p>Breakfast – Muffins &amp; milk Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice</p>	<p><b>30</b></p> <p>Breakfast – Patties Snack - Fruit or Cheez It Lunch - Stewed beef with mashed potatoes &amp; carrots</p>	



# LUNCH MENU July 2022

Mon	Tue	Wed	Thu	Fri
				1 CLASS PARTIES



11

18

25





# August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			