



March 2021

MEALS MENU

Mon	Tue	Wed	Thu	Fri
1 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw	2 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	3 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with	4 Breakfast – Peanut butter & jelly Snack - Fruit or pretzels Lunch - Chicken soup	5 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Pizza
8 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	9 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	10 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	11 Breakfast – Peanut butter & jelly Snack - Fruit or pretzels Lunch - Beef soup	12 Breakfast – Cornmeal porridge Snack - Fruit or chips Lunch - Fried fish and fritters
15 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	16 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	17 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	18 Breakfast – Peanut butter & jelly Snack - Fruit or pretzels Lunch - Chicken soup	19 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hotdog
22 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw	23 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Curried chicken with white rice & salad	24 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	25 Breakfast – Peanut butter & jelly Snack - Fruit or pretzels Lunch - Beef soup	26 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hotdog
29 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	30 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	31 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are: Ham Tuna Turkey	



April 2021

MEALS MENU

Mon	Tue	Wed	Thu	Fri
<p>Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch.</p> <p>Sandwiches options are: Ham Tuna Turkey</p>			<p>1 Breakfast – Peanut butter & jelly on toast</p> <p>Snack - Fruit or pretzels</p> <p>Lunch - CLASS PARTIES</p>	<p>2</p> <p>GOOD FRIDAY HOLIDAY</p>
5	6	7	<p>EASTER BREAK</p>	
<p>12 Breakfast – Dry cereal</p> <p>Snack - Fruit or Goldfish snack</p> <p>Lunch - Chili with white rice and vegetables</p>	<p>13</p> <p>General Elections Preparations</p>	<p>14</p> <p>General Elections</p>	<p>15 Breakfast – Peanut butter & jelly on toast</p> <p>Snack - Fruit or pretzels</p> <p>Lunch - Chicken soup</p>	<p>16 Breakfast – Cornmeal Porridge</p> <p>Snack - Fruit or chips</p> <p>Lunch - Fried fish & fritters</p>
<p>19 Breakfast – Dry cereal</p> <p>Snack - Fruit or Goldfish snack</p> <p>Lunch - BBQ chicken with rice and beans with cole slaw</p>	<p>20 Breakfast – Yogurt</p> <p>Snack - Fruit or animal crackers</p> <p>Lunch - Stewed chicken with rice & bean with salad</p>	<p>21 Breakfast – Muffins</p> <p>Snack - Fruit or granola bars</p> <p>Lunch - Baked beans with sausages with white rice</p>	<p>22 Breakfast – Peanut butter & jelly on toast</p> <p>Snack - Fruit or pretzels</p> <p>Lunch - Beef soup</p>	<p>23 Breakfast – Cornmeal Porridge</p> <p>Snack - Fruit or chips</p> <p>Lunch - Hamburger</p>
<p>26 Breakfast – Dry cereal</p> <p>Snack - Fruit or Goldfish snack</p> <p>Lunch - Chili with white rice and vegetables</p>	<p>27 Breakfast – Yogurt</p> <p>Snack - Fruit or animal crackers</p> <p>Lunch - Stewed chicken with white rice and green vegetables</p>	<p>28 Breakfast – Muffins</p> <p>Snack - Fruit or granola bars</p> <p>Lunch - Macaroni & corned beef with vegetables</p>	<p>29 Breakfast – Peanut butter & jelly on toast</p> <p>Snack - Fruit or pretzels</p> <p>Lunch - Chicken soup</p>	<p>30 Breakfast – Cornmeal Porridge</p> <p>Snack - Fruit or chips</p> <p>Lunch - Hot dogs</p>



May 2021

MEALS MENU

Mon	Tue	Wed	Thu	Fri
3 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw	4 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	5 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with	6 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Beef soup	7 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Fried fish and Fritters
10 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	11 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	12 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	13 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Chicken soup	14 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Pizza
17 DISCOVERY DAY	18 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	19 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with	20 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Beef soup	21 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hamburger
24 Professional Development Day	25 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	26 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	27 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels	28 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hot dogs
31 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	Juice will be served with LUNCH ONLY. There will be a sandwich option for lunch. Sandwiches options are: Ham Tuna Turkey			



June 2021

MEALS MENU

Mon	Tue	Wed	Thu	Fri
	1 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	2 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	3 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Beef soup	4 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Fried fish and fritters
7 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - BBQ chicken with rice and beans with cole slaw	8 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	9 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	10 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Chicken soup	11 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Pizza
14 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	15 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	16 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Macaroni & corned beef with vegetables	17 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Beef soup	18 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hamburger
21 QUEEN'S BIRTHDAY HOLIDAY	22 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Stewed chicken with rice & bean with salad	23 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	24 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Beef soup	25 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Hotdogs
28 Breakfast – Dry cereal Snack - Fruit or Goldfish snack Lunch - Chili with white rice and vegetables	29 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and green vegetables	30 Breakfast – Muffins Snack - Fruit or granola bars Lunch - CLASS PARTIES	Juice will be served with LUNCH ONLY . There will be a sandwich option for lunch. Sandwiches options are: Ham Tuna Turkey	



July 2021

MEALS MENU

Mon	Tue	Wed	Thu	Fri
Juice will be served with LUNCH ONLY . There will be a sandwich option for lunch. Sandwiches options are: Ham Tuna Turkey			1 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Beef soup	2 Breakfast – Cornmeal Porridge Snack - Fruit or chips Lunch - Fried fish and fritters
5 Constitution Day Holiday	6 Breakfast – Yogurt Snack - Fruit or animal crackers Lunch - Curried chicken with white rice and salad	7 Breakfast – Muffins Snack - Fruit or granola bars Lunch - Baked beans with sausages with white rice	8 Breakfast – Peanut butter & jelly on toast Snack - Fruit or pretzels Lunch - Chicken soup	9 Breakfast – Muffins Snack - Fruit or granola bars Lunch - CLASS PARTIES
12	13	14	15	18
19	<h1>SUMMER BREAK</h1>			
26				